

North Somerset Stars Basketball Club



Covid19 Risk Assessment

We have learned that children are unlikely to suffer greatly from Covid19 and tend to be asymptomatic and therefore they do not spread the disease with the same efficiency as a spluttering, coughing adult. Nonetheless, we are aware that they may still transmit the virus through touch and close proximity and many live with or have contact with other people who are much more vulnerable to harm than they are themselves. We are therefore taking the risks very seriously and offer this risk assessment to be read in conjunction with Basketball England's own guidelines which are printed overleaf.

Areas of risk:

Transmission through proximity

Transmission personal contact

Transmission through contact with surfaces and equipment.

<p>PROXIMITY</p> <p>Risk areas:</p> <p>Gathering in changing rooms.</p> <p>Gathering in waiting areas before and after session.</p> <p>Gathering in groups on the court.</p> <p>Coaches being close to players.</p>	<p>Mitigation:</p> <p>Children to arrive and leave in kit. No use of changing rooms.</p> <p>Where possible, gather outside the building. Where waiting inside observe social distancing.</p> <p>Avoid arriving too early or loitering after session.</p> <p>Space out when called in for instruction.</p> <p>Coaches to maintain an appropriate distance from players.</p>
<p>PERSONAL CONTACT</p> <p>Risk areas:</p> <p>Guarding another player face to face.</p> <p>Touching team mates. Hand shakes, high 5's etc.</p> <p>Coaches touching players to position them.</p>	<p>Mitigation:</p> <p>Close contact play to be limited where possible</p> <p>No hand to hand or hand to face contact between players.</p> <p>Coaches to instruct and avoid touching players.</p>
<p>SURFACES AND EQUIPMENT</p> <p>Risk areas:</p> <p>The ball.</p> <p>Other coaching equipment.</p> <p>Chairs, benches and toilet facilities.</p>	<p>Mitigation:</p> <p>Where possible, each child will have one ball throughout the session. When games or drill require the sharing of a ball then children will sanitise hands at the beginning of the drill or game and repeat where necessary.</p> <p>Only the coach to touch all other equipment.</p> <p>Coaches to position benches. Children to be encouraged not to touch benches and chairs with their hands.</p> <p>When using the toilets, children to sanitise hands before touching anything else and wash hands when finished.</p>

Basketball England

Our governing body, Basketball England has a phased *Return to Play* plan and we are currently at Level 2.

We are complying with these guidelines in addition to specific measures that are appropriate to our own groups and venues. If you have any questions or reservations concerning these measures then please talk to the lead coach for your age group.

What is allowed?

Drills, skills, team-based training; behind-closed-doors competition.

Can indoor venues reopen?

Yes, they are allowed to. But the final decision rests with the owner/operator of the building.

What does Level 2 mean?

Maximum of 30 people per court including players, coaches, support staff and officials. Ensure two adults are present at all practices involving under-18s.

No spectators are permitted at this stage.

Everyone should complete our pre-training/competition screening questionnaire and have their temperature taken outside the venue prior to be permitted entry.

Full compliance with hygiene considerations including hand sanitiser on entry, regular disinfecting of heavily used areas.

Coaches, team managers, medical staff must wear face masks

Practice in small groups or 'bubbles' in training whenever possible, with groups working together throughout the session to reduce risk of transmission.

Contact training should be limited to 20-minute intervals with clear breaks to clean down equipment.

Social distancing rules apply if not on the court in a playing capacity. During game play, players must be socially distanced on benches/chairs when not in a playing capacity and time-outs must be conducted on the court ensuring players are adequately spaced.

To lower the frequency of bodily contact, players/teams must have no handshakes, celebrations/high fives.

Shouting is not permitted in the sports hall due to the increased risk of aerosol transmission.

No congregating once training, or game has ended.

Clear signage must be established at the venue to ensure a singular flow of people in and out of the venue.

We are advising clubs to return slowly to competition rather than risk injury to players who have not played basketball for a number of months. Following Basketball England's 8-Week Athletic Development Programme would help to reduce the risks.