



Principles of participation

The ethos and culture of our club is all-important to the way that we play and the enjoyment of everyone involved. The qualities that are required to succeed in basketball are the same as those needed to succeed in any area of life and basically come down to good character.

Here we lay out our values, what you can expect from us and what you expect from you in return.

Values:

‘Team work together.’

1. Team

Basketball is a team sport. Often that is forgotten in the NBA which is dominated by superstars. The best teams trust each other, move the ball and look to make opportunities for team mates to score. We want to be one of the best teams.

This means

Helping others to progress.

Passing unselfishly.

Actively encouraging each other rather than criticising and pulling each other down.

Being prepared to sub-off in favour of a team mate and for the good of the team.

2. Work

All of the top players have a good ‘work-ethic’. This means that they recognise that they have to work hard to succeed and are prepared to do so.

This means

Always giving 100% effort in training and games.

Hustling on defence and as well as offence.

Practicing key skills in your own time.

3. Together

We are thrown together in all kinds of ways throughout life. Classes and tutor groups, work teams and sporting clubs. You won’t always like everyone in your group but you have to learn to work with them, recognise their strengths and weaknesses and find out how best to succeed as a group.

This means

Recognising that we will only succeed if everyone is involved.

Looking for ways to encourage each other rather than pulling each other down.

Putting aside personal dislikes for the good of the team.

Covering for each other’s weaknesses rather than pointing them out.

Expectations:

From us you can expect:

1. That we will prepare well and give you the best experience of training and game coaching that we can.
2. That we will care about your individual needs and try to coach you in a way that will allow you to progress and enjoy the game more.
3. That we will be alert to bullying and unkindness between club members and work with you in order to deal with it swiftly and decisively should it arise.
4. That we will do our best to be even handed and not to indulge in any form of favouritism.
5. That we will care about you as individuals not just within the club but in your wider lives as well.

From you we expect:

1. That you will arrive promptly and be physically and mentally prepared to start as soon as the session begins
2. That you will treat us with courtesy at all times. Specifically:
 - Coming in quickly when we draw you together
 - Not bouncing or playing with balls when we are talking
 - Not speaking to each other or mucking about when we are speaking or explaining drills and play
 - Not complaining when subbed off or when a call goes against you.
3. That you will be courteous and considerate to your team mates at all times.
4. That you will look for ways to help the coaches by such things as offering to collect cones or bibs, look after equipment or balls at games, helping less able players who are struggling with drills.
5. That you will work hard and give your all for the duration of the training session or game.
6. That you will communicate clearly with us if you have a problem with anything that we are asking you to do or anything else in the club.